

| MONDAY (Breakfast for Lunch @ BW) | TUESDAY (Breakfast for Lunch @ NB) | WEDNESDAY | THURSDAY (Breakfast for Lunch @ EB) | FRIDAY |
|--|--|--|---|--|
| Goulash 3 Green Beans Salad w/ Ranch Dressing Peanut Butter Cookie | Chicken Salad Sandwich 4 Pumpkin Soup Potato Salad Tapioca Pudding w/ Mandarin Oranges | VETERANS' DAY REMEMBRANCE Roast Pork w/ Gravy 5 Mashed Potatoes w/ Gravy Autumn Mix Vegetables Apple Crisp w/ Topping | Bowl of Hearty Chili 6 Baked Potato w/Sour Cream Salad w/ Italian Dressing Strawberry Shortcake | Chile-Lime Tilapia OR 7 Herbed Chicken Filet Lemon Rice Pilaf Spinach Tropical Fruit Cup |
| Pork Cutlet w/ Raisin Sauce 10 Mashed Potatoes w/ Gravy Red Cabbage Supreme Applesauce | Closed 11 | Macaroni & Cheese 12 Stewed Tomatoes Brussels Sprouts Ice Cream Sandwich | Baked Chicken OR 13 Mini-Glazed Pork Ribs Baked Beans Corn Pineapple Crisp w/ Topping | Breaded Fish OR 14 Sliced Corned Beef Herbed Potatoes Peas & Carrots Pumpkin Bread Pudding |
| Sloppy Joe Sandwich 17 Cream of Broccoli Soup Salad w/ Italian Dressing Oatmeal Cookie | Fish Florentine OR 18 Sausage w/Peppers/Onion Mashed Potatoes Coleslaw Blueberry Cobbler | <i>Thanksgiving Luncheon</i> Roast Turkey w/ Gravy 19 Bread Dressing w/ Gravy Winter Squash Cranberry Sauce Pumpkin Pie w/ Topping | Beef Stroganoff 20 Wide Noodles Whole Baby Carrots Chocolate Drop Cookie | Summer Herb Cod OR 21 Ham Loaf w/ Madras Sce. O'Brien Potatoes Peas Peachy Gingerbread |
| Cheesy Shell Casserole 24 Broccoli Salad w/ Tomato Vinaig. Lemon Pudding | Chicken Spiedie Salad 25 Tomato Soup Tropical Fruit Cup Pumpkin Cookie | Liver w/ Onions OR 26 Holupki Chantilly Potatoes Peas Heavenly Hash | Closed 27 | Closed 28 |

November '08 Lunch Menu

at Broome County Senior Centers. Age 60+ – \$2.50; Under Age 60 – \$3.50

Reservations are needed by noon the day before. Menu subject to change.

For more information or the telephone number of a senior center near you, call 778-2298.